

City of Santa Clara Parks & Recreation Department

# "Be Strong, Live Long"

## Health & Wellness Fair

Friday, May 20, 2022

10 am - 1 pm

at Fremont Park (next to the Senior Center)

**In Person!**

**50 Exhibitors  
BBQ Lunch**

**Resources**

Sponsored by: Santa Clara Senior Advisory Commission and...



**City of  
Santa Clara**  
The Center of What's Possible

~see reverse side for more information and list of exhibitors~

Santa Clara Senior Center ~ 1303 Fremont St. ~ (408) 615-3170

# BBQ Lunch available for \$7.00, beginning at 11:30 am

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## List of Exhibitors (Subject to Change)

1. Information Booth

### Outdoor Spaces & Buildings:

2. City of Santa Clara Parks & Recreation Department
3. UCCE Composting Education Program
4. Santa Clara Lawn Bowls
5. Santa Clara Valley Open Space Authority

### Transportation:

6. VTA/Access Paratransit
7. Silicon Valley Bicycle Coalition — Energizer Station

### Housing:

8. City Santa Clara Housing & Community Services
9. Rebuilding Together Silicon Valley
10. Project Sentinel
11. Valley Village Retirement Community

### Social Participation:

12. Live Oak Adult Daycare
13. Santa Clara Women's League

### Respect & Social Inclusion:

14. Yu-Ai Kai Japanese-American Community Service
15. City of Santa Clara Senior Center
15. SCC Dept of Aging and Adult Services

### Civic Participation & Employment:

17. City of Santa Clara Senior Advisory Commission

### Communication & Information:

18. Fresh Approach
19. California Telephone Access Program
20. City of Santa Clara Information Technology Department
21. City of Santa Clara Library
22. Mission City Memorial Park
23. Clear Captions

24. Elder Abuse Task Force

25. Silicon Valley Animal Control Authority
26. Silicon Valley Power
27. Caregivers Network by Sourcewise
28. Health Insurance & Advocacy Program by Sourcewise

### Community & Health Services:

29. Alzheimer's Association
30. Breathe California of the Bay Area
31. Cancer CAREpoint
32. City of Santa Clara Environmental Programs
33. City of Santa Clara Fire Department
34. City of Santa Clara Police Department
35. City of Santa Clara Senior Center Health & Wellness Program
36. Heart of the Valley
37. Santa Clara Family Health Plan
38. SCC PHD — Diabetes Prevention & Wellness Program
39. SC County PHD—Healthy Brain Initiative
40. Catholic Charities
41. Foothill College Community Dental Health
42. Second Harvest Silicon Valley
43. Stepping Stones
44. Silicon Valley Ostomy Support Group
45. American Heart Association
46. Family Caregiver Alliance
47. Seniors Council Foster Grandparent & Senior Companion Programs
48. Senior Adult Legal Assistance (SALA)
49. SCC Valley Medical Center Injury Prevention Program
50. Kaiser Permanente - Mental Health & Wellness
51. Alcoholics Anonymous

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Bring your questions, wear your outdoor shoes & sunscreen, and be ready  
for some helpful information, healthy living tips, music, and fun.

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