City of Santa Clara Parks & Recreation Department

"Be Strong, Live Long"

Health & Wellness Fair

Friday, May 19, 2023
11 am - 2 pm
at Fremont Park (next to the Senior Center)

BBQ Lunch

50+ Exhibitors

Resources

Sponsored by: Santa Clara Senior Advisory Commission and...

City of Santa Clara
The Center of What's Possible

KAISER PERMANENTE®

~see reverse side for more information and list of exhibitors~

Santa Clara Senior Center ~ 1303 Fremont St. ~ (408) 615-3170

BBQ lunch available for $7.00, beginning at 11:30 am

List of Exhibitors

- Information Booth (East)
- Information Booth (West)

Outdoor Spaces & Buildings:

- Bay Area Older Adults
- Santa Clara Lawn Bowls Club
- Santa Clara Valley Beekeepers Guild
- Santa Clara Valley Open Space Authority
- UCCE Composting Education Program

Transportation:

- Peninsula Volunteers Inc.
- Silicon Valley Bicycle Coalition — Energizer Station
- Santa Clara Valley Transportation Authority (VTA)

Housing:

- City of Santa Clara Housing & Community Services
- Project Sentinel
- Rebuilding Together Silicon Valley
- Valley Village Retirement Community

Social Participation:

- City of Santa Clara Senior Center
- Friendly Voices
- Live Oak Adult Day Services
- Santa Clara Women's League

Respect & Social Inclusion:

- DCARA
- SCC Dept of Aging and Adult Services
- Silicon Valley Independent Living Center

Civic Participation & Employment:

- City of Santa Clara Senior Advisory Committee at Information Booths

Communication & Information:

- City of Santa Clara Library
- City of Santa Clara Information Technology Department
- Clear Captions

Community & Health Services:

- Alcoholics Anonymous
- Alzheimer's Association
- Breathe California of the Bay Area
- Cancer CAREpoint
- Catholic Charities of SCC Programs
- Catholic Charities of SCC Long-term Care Ombudsman Program
- City of Santa Clara Environmental Programs
- City of Santa Clara Fire Department
- City of Santa Clara Police Department
- City of Santa Clara Senior Center Health & Wellness Program
- Elder Abuse Task Force
- Family Caregiver Alliance
- Foothill College Community Dental Health
- Heart of the Valley
- Humane Society Silicon Valley
- Kaiser Permanente
- Mission Hospice & Home Care
- On Lok PACE
- Pacific Hearing Connection
- SCC Public Health Department —Healthy Communities Branch
- SCC Suicide Prevention Program
- SCC Valley Health Plan
- SCC Victim Services Unit
- Santa Clara Family Health Plan
- SC Valley Medical Center—Injury Prevention Program
- Second Harvest Silicon Valley
- Senior Adult Legal Assistance (SALA)
- Seniors Council - Foster Grandparent & Senior Companion Programs
- Silicon Valley Animal Control Authority
- Silicon Valley Ostomy Support Group
- Silicon Valley Power
- Sourcewise—Caregivers Network
- Sourcewise—Health Insurance Counseling & Advocacy Program (HICAP)
- Stepping Stones
- VA Palo Alto Health Care System
- Yu-Ai Kai Japanese American Senior Center

And performances by:

- Dancers from the Hui Ilima Hawaiian Club of Santa Clara led by Haunani Neil

Bring your questions, wear your outdoor shoes & sunscreen, and be ready for some helpful information, healthy living tips, music, and fun.

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